



New Home, New You!

Kitchen Appliance/Tool Essentials

Brought to you by Sarah Maughan, Holistic Nutritionist,
and Jen Dumitrescu, Real Estate Agent

www.sarahmaughan.ca • www.jend.ca



Do you have some kitchen tools you want to toss? Never had your own kitchen before and not sure where to start? Here are my top kitchen gadgets/appliances/tools you need to make your kitchen cooking friendly!

Appliances

Kettle
Blender
Coffee maker (if necessary)
Toaster

Tools

Spatula
Flipper
Wooden spoon
Tongs
Strainer
Grater
Knife set – chef knife, steak knives
Peeler
Clips – closing bags
Cutting board
Measuring cups & spoons
Whisk
Hand towels
Large mixing bowl
Scissors
Meat thermometer
Wine opener

Cookware

Frying pan with a lid
Wok with lid
Pots – at least 2 sizes
Casserole Dish with lid
Cookie Pan
Tupperware – multiple sizes

Dinnerware

Plates – large and small
Glasses – a few sizes
Bowls – a few sizes (dipping, cereal, soups)
Cutlery (minimum 4 of each)
Wine glasses
Mugs

Optional – but helpful

Steamer basket
Muffin tins
Cast iron skillet
Food processor
Electric beaters
Turkey baster
Zester
Skewer sticks
Potato masher
Ladle
Sauce brush
Slow cooker

To help organize your kitchen even more in your new home,
contact Sarah at sarah@sarahmaughan.ca to book an assessment, grocery tour, or kitchen
clean out/set up so you can compliment your new home, with a new you!